2 GUYS RUNNING 100 MLES **GTIMES**



ABOUT THE 6 RACES:

THE ORIGINAL SIX HUNDOS CHALLENGE aka The Grand Slam of Ultrarunning, plus 2

http://en.wikipedia.org/wiki/Grand_Slam_of_Ultrarunning

#1 - JUNE 7-8, SAT/SUN: the Old Dominion 100
in Woodstock, Virginia
(the 2nd Hundo est. 1979)
http://www.olddominionrun.org/about.html

#2 - JUNE 28-29, SAT/SUN: the Western States 100 from Squaw Valley to Auburn, California (the Original Hundo est. 1974) http://www.wser.org

#3 - JULY 19-20, SAT/SUN: the Vermont 100 in West Windsor, Vermont (the 6th Hundo est. 1989) http://www.vermont100.com

#4 - AUGUST 2-3, SAT/SUN: the Angeles Crest 100 from Wrightwood to Altadena, California (the 5th Hundo est. 1986) http://www.ac100.com

#5 - AUGUST 16-17, SAT/SUN: the Leadville Trail 100 in Leadville, Colorado (the 4th Hundo est. 1983) http://www.leadvilleraceseries.com

#6 - SEPTEMBER 5-6, FRI/SAT, the Wasatch Front 100 from Kaysville to Midway, Utah (the 3rd Hundo est. 1980) http://www.wasatch100.com

"The only easy day was yesterday." -US Navy SEALs motto















ABOUT THE GUYS:

Jimmy Dean Freeman and Andy Kumeda are seeking to be only the 2nd/3rd people to complete this series since Angeles Crest moved from mid-late September to smack into the middle of the only 4 week break of the former challenge. David Snipes (of Virginia) became the 36th finisher of this 6 race challenge in 2011 and he was the first since Dan Brenden & Phil Rosenstein completed it in 2007.

JIMMY DEAN FREEMAN

Jimmy is a keynote speaker, and endurance running coach living in Los Angeles. He has spoken to a diverse range of groups including schools (elementary, junior high and high schools), Fortune 500 companies (including DirecTV, Disney and Nike), and many other local clubs & groups.

As a backdrop to some of Jimmy's keynotes, he has completed a few dozen ultra distance footraces including the Badwater 135, the Western States 100, Badwater Salton Sea 81, and the Leadville Trail 100.

Jimmy is currently writing the book "*Making Molehills Out of Mountains*" about taking on one's greatest fears and dealing powerfully with the adverse circumstances life throws at us with a positive outlook and an attitude embracing adventure.

Blog:

http://www.InspiredRunning.blogspot.com

Race Results:

http://ultrasignup.com/results_participant.aspx?fname=Jimmy%20Dean&lname=Freeman

ANDY KUMEDA

Andy is an Executive Director at Yellow Pages living in Sierra Madre, CA. By day he might be suited up in an office building but he spends his weekends running up and down mountains. He has completed over 120 ultra marathons and sees no end in sight. He has attempted the Original Six Hundred Mile Races challenge in the past but was unable to complete one of the six due to a time cutoff, so you can bet he's coming back with a vengeance (and a wicked smile) this year.

Race Results:

http://ultrasignup.com/results_participant.aspx?fname=Andy&lname=Kumeda

"Fall down seven times. Stand up eight." -Japanese Proverb



WHY:

Jimmy and Andy have both survived extended periods in their lives when running was not an option due to injury or illness. Recently Jimmy has had two family members (his wife and his mom) experience catastrophic and immobilizing injuries that have rendered them unable to move normally let alone run for at least a year. Jimmy and Andy are running these races as a celebration of what the human body is capable of. They are running to honor those who cannot, they are running beyond their own limits to inspire others to push past self imposed glass ceilings they may subconsciously have limiting their experience of life.

Jimmy and Andy are offering limited endorsement opportunities to help cover a percentage of the expected costs of this epic journey as well as fundraising for an incredible organization: Challenged Athletes Foundation[®]



CAF's Mission

It is the mission of the Challenged Athletes Foundation[®] (CAF) to provide opportunities and support to people with physical disabilities so they can pursue active lifestyles through physical fitness and competitive athletics. CAF believes that involvement in sports at any level increases self-esteem, encourages independence and enhances quality of life.

http://www.challengedathletes.org

"A life is not important except in the impact it has on other lives." -Jackie Robinson



GET INVOLVED:

Flights, lodging, car rentals, gas mileage, running shoes, clothing, socks, countless calories and nutrition, mental health professionals (kidding!), but it takes a village and your contribution in whatever capacity is greatly appreciated. Jimmy and Andy are running for those who can't and will be making a donation to the Challenged Athletes Foundation[®]

SILVER BUCKLE STATUS \$7,200

- Your logo OR brand name on our race & support crew jerseys (we'll make your brand look good...jerseys will appear in 600+ photos online)
- Your logo, brand name and web link in a dozen blog and/or V-log entries
- Two dozen social media shout outs, endless high fives and thank you's! (reaching over 15,000+ fans, followers, family and friends)

BRONZE BUCKLE SUPPORT \$3,600

- Your logo, brand name and web link in a dozen blog and/or V-log entries
- Two dozen social media shout outs, endless high fives and thank you's! (reaching over 15,000+ fans, followers, family and friends)

DOZEN HUNDOS CREW \$1,200

• Two dozen social media shout outs, endless high fives and thank you's! (reaching over 15,000+ fans, followers, family and friends)

SWEET SIX SOLDIER \$600

• One shout at the onset, one shout out at the closure of the challenge, and many, many thanks.

For these options or any other amount please direct online PayPal: jimmy@coachjimmy.com

CREW/PACE/CHEER:

Jimmy and Andy are planning to be self-sufficient for the non-California 100's (Old Dominion, Vermont, Leadville, Wasatch) and have crew/pacers in place for Western States and Angeles Crest. If you are semi-local to those remote ones (Virginia, Vermont, Colorado, Utah) and are interested in coming out to support (either or both of them) in some capacity, they'd love to have friends there as opposed to it just being alone with their thoughts. If you might be available (and are within driving distance of those races), have those dates open, and are interested in some adventure, contact Jimmy.

Jimmy & Andy will be posting extensively throughout this entire journey on Facebook, Twitter, Intagram as well as blog entries.

Contact Jimmy Dean Freeman at: jimmydeanfreeman@gmail.com 310.902.4240



2 GUYS RUNNING 100 MILES 6 TIMES 0 VER 13 WEEKS THANK

FOR YOUR SUPPORT, JIMMY DEAN FREEMAN & ANDY KUMEDA